

Anchoring EXCELLENCE

IMPACT
REPORT **2022**



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the Name of Allah, the Most Gracious, Most Merciful

Asalaam 'alaikum, peace be unto you!

At the start of 2022, Muslim Youth for Positive Impact made a promise – we committed to a **Year of Anchoring Excellence**. At MYPI, we empower our youth community and their families through education, mentorship and providing leadership opportunities. We focus on building good citizenship, the promotion of cultural awareness and outreach of the Islamic faith to the broader community and its institutions. This year, MYPI measured the progress towards four of the goals it promised for 2022.

These goals include anchoring excellence (Ihsan), anchoring and strengthening leadership opportunities for more youth ambassadors and interns, anchoring our programs with holistic and quality care for our youth, and identifying the core focus areas of MYPI.

Our organization has grown with the support of each and every one of YOU: our donors, sponsors, community leaders, partners, volunteers, staff, and our youth. With every dua, every moment and every dollar of contribution comes an overwhelming amount of Barakah, blessings, to amplify the magnitude of our reach!

We look forward to your continued support in the future. Please join us as we explore MYPI's impact in this past Year of Anchoring Excellence. BismAllah!



Muslim Youth for Positive Impact is a nonprofit organization founded in 2018 with the mission to **empower youth with the Islamic identity** and principles to **make a positive impact** on their communities, environment and relationships that promote responsible citizenship and stewardship. Inspired by the Prophetic tradition of service, MYPI focuses on providing holistic programming to the youth in our community so they can in turn live a life of service.



“The best of people are those that bring the most benefit to the rest of mankind.”

– Prophet Muhammad (SAW)



MYPI fulfills its mission with both proactive and reactive programming. Our programs focus on the following objectives:

Youth Development: Nurturing the potential and confidence in Islamic identity of every youth.

Family Support: Providing support groups and professional services for youth and families to strengthen their relationships.

Social Support: Offering unique opportunities for the youth to socialize and build strong communities.

Stewardship: Encouraging the youth to give back and serve.

We serve youth statewide and based on our surveys, the top three cities that we serve are Aurora, Denver and Thornton.

Our Programs

At MYPI, we believe in making a difference through education by providing holistic programming that can help individuals build beneficial life skills and values. Our work focuses on four main programs: **Mental Wellness, Mentorship, Adopt-A-Family** and **Pathways to Success**.



Mental Wellness

In 2022, with the support of our funders, sponsors and the community we launched the MYPI Wellness House. Under this initiative we are now offering:

- Basic counseling services (youth and families)
 - 12 free sessions for youth and 8 free sessions for parents
- A referral network (vetted Muslim providers & culturally-competent providers)
- Intervention and first aid by trained Imams, community leaders and youth
- Community education; CVA and Masjid Ikhlas Partnership

In 2022, with the support of our funders, sponsors and the community we launched the [MYPI Wellness House](#). Under this initiative we are now offering basic counseling services for youth and their families by our trusted Muslim mental health professionals. We have also established an ever growing referral network of Muslim providers and vetted, culturally-competent providers from outside the community to offer well-rounded resources. In addition, we are training Imams, community leaders and youth in mental health intervention and first aid, while providing community education curriculum that encompass our four goals and the issues affecting our community.



Our Programs

2022 Mental Wellness Impact

This year the Mental Wellness Program has grown exponentially. Through the power and connections of the other programs at MYPI, we have built trust with our youth, mental health providers, Imams, parents and community members for quality, Islamically-informed mental health services. Our goal has been to ensure this program focuses on building awareness, social connections and access to services and we have achieved this through our events, trainings and relationships with our partners.

In 2022, our mental health service achievements soared. Our providers team grew from 1 to 6 providers and together they offered and completed 274 hours of therapy within our community while serving 45 Muslim-American clients and 500 refugee clients through individual and group therapy services.

We create connection in many ways. Our social events range from online workshops to in-person training, open mics, storytelling and poetry slams and community dinners. We strengthened our refugee families' mental health support network, and also widened our reach within the American-Muslim youth community. We used reactive programming to support healing and mental health support and proactive programming through training and identity and leadership empowerment. By the end of 2022, we launched our **Peer to Peer program**, which empowers youth with the skills needed to support themselves and others in the community. Ultimately, we keep youth voice at the center of our mission towards mental wellness in the Muslim community.

Mental Wellness Impact

6

MUSLIM MENTAL HEALTH
PROFESSIONALS SUPPORTING
MYPI YOUTH

274

HOURS OF THERAPY PROVIDED

545

CLIENTS SERVED

2021 TO 2022 COMPARISON

22% → 42%

OF OUR COMMUNITY WOULD SEEK OR HAVE SOUGHT
A MENTAL HEALTH SPECIALIST

13% → 25%

WOULD TALK TO A THERAPIST



“I have gained an impactful mentorship and friends through MYPI and in turn a strong connection to Allah.”

– MYPI Youth

Our Programs



Mentorship

The **MYPI Mentorship Program** provides ongoing support to Muslim youth to ensure their continued growth, wellbeing and success. MYPI mentees are able to set and achieve personal, academic, spiritual, professional and wellness goals through a year-long, one-on-one mentorship. Mentees are paired with trained, passionate mentors with a similar background and understanding of being Muslim-Americans and who want to give back to their community by offering what many of them did not get to experience when they were younger.

2022 Mentorship Impact

Our Mentorship Program is making a bigger impact in our community year after year. Between the 2021-2022 to 2022-2023 rounds of mentorship, we have **increased the number of supported mentees from 30 to 39** (29 female, 10 male). We have also **welcomed 19 new mentors** to our network, for a total of 56 amazing mentors, 28 of them active in the current 2022-2023 round with at least one mentee alhamdulillah.

In our continual efforts to provide relevant and applicable resources for the success of our mentor and mentee experiences, this year we added proven strategies for **effective communication** and **relationship building techniques**. Our mentors and mentees also have direct access to the services provided by the MYPI Mental Wellness Program with support from the MYPI network of mental health providers. Lastly, the **free training** that MYPI provides for our mentors, led by mentorship and mental health professionals, is continually tailored to the experiences of our youth in order to set the mentors up for success.

Mentorship Impact

28

ACTIVE MENTORS

39

ACTIVE MENTEES

Mentees were surveyed on a scale of 1-5 (5 being the highest):

How beneficial is the Mentorship Program to you overall?

Average score:

4.1

I feel empowered to make a positive impact on my personal life.

Average score:

4.6

I feel empowered to make a positive impact on my community.

Average score:

4.5

I feel more confident in my identity and character.

Average score:

4.4

"I found a friend and someone I can talk to who I know will not judge me and will keep me motivated to pursue my goals."

— MYPI Mentee



Success by the Numbers (from 2021-2022 Mentorship Round)

- **83%** of our mentees had never had an official mentor before joining this program
- **100%** said they feel safe and trust their mentor
- **91%** said they are achieving their goals at an acceptable or faster pace than they had hoped
- **100%** of respondents ended the school year with mostly A's or all A's in school
- **24** mentees continued into their next round
- **10** mentees have explicitly expressed interest in becoming a future mentor
- **12** mentees have stated that the mentorship program is a need in the community



Adopt-A-Family

The Adopt-A-Family develops Muslim youth into ambassadors who support and serve refugee families in need of assistance. We uphold the value that **helping the under-resourced is the responsibility of the local community** and we aim to instill this in our youth by giving them the opportunity to **live this value**.

Application Assistance

Families in the Denver Metro area were able to get application assistance through MYPI's dedicated staff. Applications included job applications, Medicaid, SNAP, WIC and many more.

Family Mentorship

MYPI was able to launch a family mentorship program where 20 families in the community were matched with 20 refugee families for mentorship and assistance including locating resources, events and coaching.

Social Events

MYPI held weekly picnics, support groups and a handful of community social events to support our refugee community. Families were able to socialize over food, fun and activities. MYPI's latest event at DEFY Thornton had over 400 attendees.

2022 Adopt-A-Family Impact

This year the Adopt-A-Family Program, recruited 12 youth ambassadors who were matched with 13 refugee families in the community for the 2021-2022 year. Through our partnership with the IRC (International Rescue Committee), our youth ambassadors were trained to become community navigators by building relationships and mentoring our refugee families.

Our impact model for self-sufficiency included:

- Food relief through our food pantry to 5,000 community members on a weekly basis at no cost.
- Over 2,000 community members accessed our donation services receiving basic need items.
- MYPI distributed over \$10,000 in financial aid to low income families in the Denver Metro area for utility assistance, rental assistance and food relief.
- Supported 15 children and their families in partnership with Wild Plum Center of Longmont to receive preschool or pre-preschool home visits through their Head Start program.
- Facilitated internet signup through partnership with Comcast, COVID vaccine clinics, oral hygiene education, ESL Courses, asylum workshops, parenting courses and so much more.



Pathways to Success

The Pathways to Success program – first introduced to MYPI by a Youth Impact Leader through the Career Discovery program – equips youth with skills and support for college readiness and career success. The program includes free tutoring services and skill development classes, including programming courses aimed to bring more Muslim people of color into the STEM fields.

Our vision is to provide Muslim youth with opportunities for career exploration, support with the college application process and empower youth to make a positive impact on their communities through their careers.

Our Programs

Adopt-A-Family Impact

5,000

COMMUNITY MEMBERS RECEIVED
FOOD EQUITY ASSISTANCE

2,000

COMMUNITY MEMBERS RECEIVED
DONATION SERVICES FOR
HOUSEHOLD ITEMS

\$10k

COMMUNITY MEMBERS RECEIVED
IN FINANCIAL ASSISTANCE



Pathways to Success Impact

3

MYPI YOUTH RECEIVED
INTERNSHIPS FOR 2023 SUMMER

10

YOUTH IMPACT LEADERS

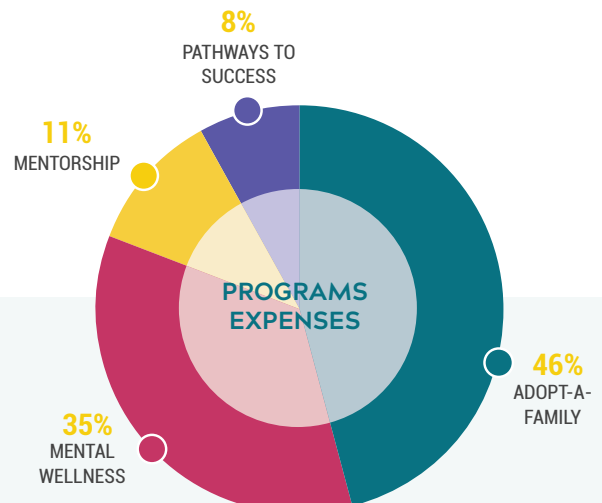
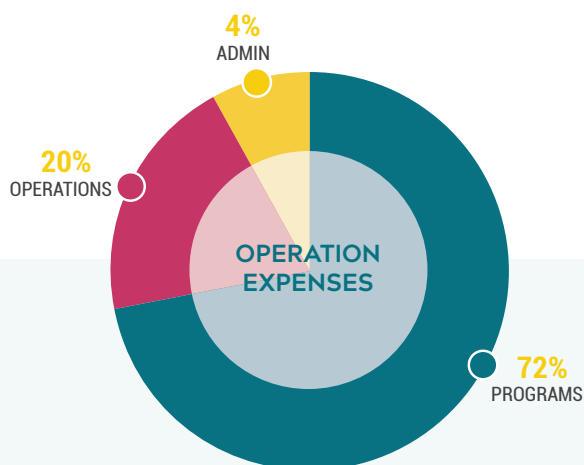
2022: Year of Anchoring Excellence



We Promised:

- We will identify the core focus areas of MYPI and grow in excellence
- We will anchor our systems and processes to ensure organizational success
- We will anchor our partnerships and work united with our community to learn the needs of our youth and serve them
- We will anchor our monthly sponsor support & our previous orphan support
- We will anchor our Mental Wellness, Mentorship and Adopt-A-Family programs with holistic and quality care for our youth
- We will anchor and strengthen our Pathways to Success program by allowing our youth impact leaders, ambassadors and interns through more leadership opportunities

FINANCIALS





As Promised:

- In 2022, we promised to expand our mental health efforts by creating the new **Mental Wellness Program** to allow MYPI to become an accessible and trusted network for youth mental health in the Muslim community. Our goals were to provide right-fit access to services, shatter the stigma within the community, build trust between youth, leaders, providers and parents, and lastly, to empower the overall wellbeing of youth and their families through expression and skill-building. By the mercy of Allah, we promised and we delivered.
- In 2022, we promised to **increase the number of our mentees in our Mentorship Program** and to provide more relevant resources and opportunities to set them up for success. We promised and we accomplished this alhamdulillah.
- In 2022, **our Adopt-a-Family Program** moved from an emergency relief model to focus more on initiatives around promoting self-sufficiency. As a team, we began to pursue initiatives and partnerships we felt would not only be beneficial in the short term, but also in the long term as well. These included initiatives like our Digital Literacy Program, Reading Buddy Program, SNAP Assistance, and our Salamati Family Advocate Program. While we began to promote self-sufficiency, we also understood that life is unpredictable and MYPI was able to continue to provide emergency food relief, financial assistance as well as necessities for our community. .
- In 2022, we continued to **increase our partnerships** with the bigger community so we can offer MYPI programming and promote our services to make an impact on Greater Colorado. We accomplished various partnerships like CVA alhamdulillah and we will continue building stronger partnerships.
- In 2022, we expanded our **Pathways to Success Program** with more opportunities for youth to serve as leaders giving back to the community. We empowered the youth to serve as ambassadors to increase COVID prevention education, vaccine education and vaccine administrations in our communities.

2022 Impact Highlights

8,082

COMMUNITY MEMBERS SERVED
THROUGH OUR PROGRAMS

72,838

COMMUNITY MEMBERS REACHED
THROUGH SOCIAL MEDIA

2,000

NEW COMMUNITY MEMBERS
REACHED THROUGH OUR
PROGRAMS AND EVENTS

850

COMMUNITY MEMBERS
REACHED THROUGH OUR
COVID EDUCATION AND
PREVENTION PROJECT



We hope you are all as excited as we are about these amazing projects! We reflect upon the verse from the Quran,

**“... and if anyone saved a life,
it would be as if he saved the
life of all mankind.”**
– [5:32]

indeed, we believe that MYPI's work is impactful, and if we make an impact on one person, surely the whole world is impacted.

The Voice of Our Community



MYPI has a wide reach in the Muslim community throughout most of Colorado, and the community is rapidly growing. The involvement of parents and community leaders in MYPI's programs is suggesting that MYPI is now reaching more youth through the involvement of families and friends.

MYPI believes that families are the drivers of youth empowerment. Therefore, when our community has asked for more family events, MYPI listened. MYPI is increasing opportunities for youth and their families, improving the quality of our programs to focus around mental health, mentorship and personal growth, and expanding access to affordable, funded, and trustworthy mental health services.

Supporting MYPI

Without our funders, sponsors, private donors and the entire MYPI family, we could not have made such a big impact. We thank our donors and our sponsors:

Caring for Denver
Caring for Colorado
CDPHE
Centura Health
Colorado Access
Colorado Health Foundation

Colorado Blueprint
Comcast
Colorado Health Foundation
Delta Dental
Hunger Free Colorado
Margulf Foundation

Mile High United Way
Rose Community Foundation
Trailhead Institute iNOW
Welcome US

Getting Involved with MYPI

Youth

Registered Youth

Become a registered MYPI Youth and get full access to MYPI services, programs and events including past event recordings and resources.

mypi.org/mypi-youth-hub

Youth Ambassadors

Become ambassadors of change by representing MYPI and playing key roles in various programs.

Youth Impact Leaders

Become the leaders and voices of MYPI, grow with MYPI and set an example for the younger and/or new MYPI youth.

Interns

Work with MYPI to help us advance our programs while gaining valuable experience as well as leadership and professional skills.

Community

Parents

Trust us to serve your children's needs and to empower them to make a positive impact in their own lives.

Professionals, Young Adults

Become mentors in the Mentorship Program, or as speakers and panelists for future events.

Leaders (& other organizations)

Help us spread the word about MYPI and reach youth all across Colorado. Allow us to learn from your extensive experience and to support each other's important work. We invite you to collaborate with us on events and opportunities.

Volunteers

Give back to your community alongside an organization that centers our youth, the future leaders of our ummah. Visit mypi.org/how-to-get-involved.

Follow us:



Become a monthly sponsor
mypi.org/donations

We are grateful to Allah SWT and ask Him to bless each and every one of you for the contributions and the support you gave. With that said, there is more work to be done! 2023 is here! MYPI has big plans, and we are going to need your help!



BREAK THE STIGMA

and know it's okay to ask for help

MYPI wants to help you reach out to
mental health resources

1-800-273-8255
National Suicide Hotline

855-543-5752
Khalil Center Helpline

080-880-82008
Muslim Youth Hotline

1-866-626-3342
Naseeha Helpline

741-741
Crisis Text Line

Sponsorship:
mypi.org/become-a-sponsor

Donate:
mypi.org/donations



Visit www.mypi.org or
email us at Contact@mypi.org

Follow us!

